



Oklahoma Society of Health-System Pharmacists

October - December 2005

Visit our website at
www.oshp.net

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Mark your Calendar

AACP Interim Meeting
San Antonio, TX
Feb. 26th - March 1st, 2006
For information, go to www.aacp.org

National Poison Prevention Week
Specific Dates, TBA
March 2006

OSHP Spring Meeting
Schusterman Center
Tulsa, OK
April 7th, 2006

ACCP Spring Meeting 2006
Monterey, CA
April 9th-12th, 2006
For information, go to www.aacp.com

ASHP Summer Meeting
Orlando, FL
June 24th-28th, 2006
For information, go to www.ashp.org

FROM THE PRESIDENT...

Tracy Hagemann, Pharm.D.

Ah, Fall. I love this time of year. The leaves have finally started to change, and we are pushing ahead with our plans for the year. We had a wonderful Fall Meeting in October with some great speakers. Our membership drive has started, so don't forget to mail in your renewal forms before the end of the year. The Program Committee is already hard at work planning for the 2006 Annual Meeting, which will be held in Tulsa on April 7th. This quarter I would like to update you on how things are going with the three areas outlined in the last newsletter.



Communication Update: District and Fall Meeting announcements have been distributed via email to members who have listed an email address. There were a few glitches at first, but it appears that they have been resolved at this time. If you are not receiving OSHP information through your email and would like to, please let a Board Member know. Board meeting minutes are posted on the OSHP website, and I would encourage you to review them. Members are always invited to attend Board meetings; we ask that you let us know ahead of time if you will be attending so that we can arrange for adequate space. Meetings are scheduled on the first Wednesday of every month at 3 pm in OKC and Tulsa at the OU College of Pharmacy.

Involvement Update: A committee retreat was held in August, and each committee outlined plans for the upcoming year. The committees are off and running, but it is not too late to become involved. Please review the committee information on the OSHP website and contact the chairs. We can't be an effective organization if we don't have input and participation from the membership. If you have an issue that involves health-system pharmacy and feel that OSHP needs to act, please contact me. Also, ballots to elect an OSHP Delegate were recently mailed. Thanks to all the candidates who volunteered to run in this election. Our state will be well represented in the ASHP House of Delegates, no matter who wins. Don't forget to vote!

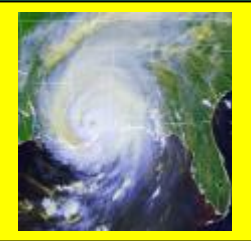
Visibility Update: I have attended several meetings on behalf of OSHP in the past few months. I have come to recognize that attention paid to pharmacy issues in Oklahoma seem to be focused more on retail practice than health-system pharmacy. We need to be more proactive and vocal about the issues that will affect how health-system pharmacists practice our profession. I urge all members to speak to their local legislators and make your opinion heard. If we don't make the effort, others will, possibly resulting in negative outcomes for our profession. This goes beyond the Medication Therapy Management (MTM) issues. I would like to challenge each of you to become involved. For example, members can participate/organize health fairs, vaccination drives, or talks for patients. Just because we don't work in retail settings doesn't mean that we cannot and should not be actively involved. I encourage each of you to get together with some of the pharmacists and technicians in your workplace and find unique ways to promote pharmacy in your health-system.

I hope everyone has a wonderful holiday season. And again, please feel free to contact me with issues, concerns, ideas or questions: tracy-hagemann@ouhsc.edu.

**STAY INFORMED...OSHP BOARD MINUTES ARE NOW
AVAILABLE ON THE WEBSITE (WWW.OSHP.NET)**

Hurricane Katrina: An Oklahoma Pharmacist Making a Difference

Submitted by: *Nina Morris, DPh, Pharm.D., Assistant Professor of Pharmacy Practice Southwestern Oklahoma State University College of Pharmacy*



Hurricane Katrina:

-Was a Category 4 Storm that struck the Gulf Coast on Aug. 29, 2005.

-Submerged 80% of New Orleans due to a failed levee system, forcing the largest urban evacuation in U.S. history.

-Killed more than 1300 people in Louisiana, Mississippi, Florida, Georgia, and Alabama.

-Is expected to cost insurers at least \$34.4 billion in claims.

The Oklahoma Medical Reserve Corps (OMRC) is part of the national medical reserve corps system that was created after the terrorist events of September 11, 2001. All types of medical volunteers participate, including pharmacists. Up until Hurricane Katrina hit the gulf coast this past August, the reserve corps has only participated in local and state events, such as response to local disasters, disaster training and mass immunization projects. With the massive impact of Hurricane Katrina, the different state corps were deployed to areas of the gulf coast to help deliver medical care and relieve those medical workers who were truly the first responders.

The call came through on my cell phone early on a Thursday morning, September 15. Lisa Pearson, director of training for the OMRC, was on the line, "Can you be ready to go to Louisiana tomorrow?" We had been told it would be a 24-hour notice, but I guess I didn't think of that in terms of *literally* tomorrow. The following morning, we showed up for paperwork and processing at the Emergency Medical Services Authority (EMSA) headquarters in OKC. There were 17 nurses, 4 physicians, 2 physician assistants, 2 social workers, a dietician, a clerical person, a safety officer, and 2 pharmacists who comprised the two groups that represented the Oklahoma Medical Reserve Corps.

Twenty persons from this group were sent to Alexandria to staff a special needs clinic that had been set up there. Pharmacist Jim Luckie from Okeene accompanied that group. I was sent to Baton Rouge with 2 physicians and 8 nurses. We weren't able to leave OKC until early Saturday morning. We arrived in Baton Rouge about 1:00 AM on Sunday morning. (Traveling can be a very long process when fighting full flights, traffic jams, busy buses, and anxious people!) By 9 AM Sunday, we were headed off to staff the Louisiana State University (LSU) Maddox Field House Special Needs Shelter. This shelter was set up immediately after Hurricane Katrina hit New Orleans. In its first few days of existence, there were several hundred patients housed there, including very acutely ill patients. By the time we arrived, it resembled more of a skilled nursing home or intermediate care nursing home setting. There were patients there with all varieties of medical issues. Some were paralyzed; some were recovering from various injuries; and several had chronic medical conditions, just to name a few.

The local officials, local volunteers, and Louisiana State Board of Pharmacy had initially staffed and supplied the pharmacy at the LSU Field House Special Needs Shelter. By the time our group arrived, administrative duties had been taken over by the United States Public Health Service (USPHS) personnel who helped supply physicians, nurses, pharmacists, and other health care workers to fill in any gaps that the state and local groups could not fill. Our group was given complete charge of the medical care in the facility the day we arrived. Our team split into two groups, one to staff the day shift and one to staff the night shift. Was I ever glad when the team agreed that it was probably better to have the pharmacist on the day shift! It was exciting to meet the lead pharmacist with the Public Health Service assigned to the Baton Rouge area. He is Cory Wilton, from Claremore, OK. Not only is Cory a fellow Oklahoman, but he was also one of my former students! There were several Oklahoma pharmacists who served in the Gulf area after the Hurricane, some of whom are with the USPHS, and others who just volunteered.

The pharmacy was an area of the field house that had been sectioned off with thin polyester curtains. Drugs were placed in well-used metal cabinets. We had two refrigerators, and a large area for supplies of all types. We stocked large volume and small volume parenterals (but no hood) as well as oral and various topical medications. We had one locking cabinet for medications, a Sears tool chest. The pharmaceutical stock was limited, except for insulin, which we seemed to have in abundance. Later, I learned that not only did our pharmacy supply medications for our own patients, but we were also the center of distribution for pharmaceuticals for many of the primary care teams who went out each day to attend to the needs of residents of other shelters in the areas that were not designated as special needs shelters. In addition, we stocked much of the vaccine



Medical Reserve Corps (MRC):

-Is a volunteer organization comprised of practicing or retired medical professionals, including doctors, nurses, pharmacists, dentists, veterinarians, EMTs, etc. as well as members without medical training, such as chaplains, amateur radio operators, legal advisors, etc.

-MRC volunteers participate in outreach and prevention programs, immunization programs, blood drives, case management, and emergency response.

-For information on the Oklahoma MRC (OMRC), please contact Lisa Pearson, MRC Coordinator, at 1-866-336-5672 or via e-mail at pearsonl@emsa.net. Also check out their website at www.okmrc.org. There appears to be a shortage of pharmacists in the OMRC.

Hurricane Katrina (continued)

material for the immunization teams that went out into the community to provide immunizations, and we stocked the first aid station at the LSU animal shelter, one of the shelters set up for the displaced animal victims of Hurricane Katrina.

As a pharmacist, I performed various duties. Some duties would seem very familiar to any pharmacist – preparing medications for patients, stocking/storing medications, reviewing therapy, and giving immunizations. Additionally, I made suggestions for changes in therapy – sometimes contingent upon supply (or lack thereof) and sometimes based on more therapeutic considerations. Other duties were more challenging in that we had no way to generate labels for any medications, so these had to be hand-printed with a pen! When Hurricane Rita hit, the electricity was out for a few hours, so much of what we rely on electricity to help us accomplish could not be done in traditional ways. Have you ever searched for the correct medication/syringe/supply in the dark with just a flashlight?

I also had the duty to unpack and try to organize a lot of materials that had been shipped to us – donations of all kinds. Some items were incredibly useful, including medications, medication samples, emergency supplies, first aid supplies, food, and even stuffed animals and new underwear. We were so grateful for the generosity and consideration of so many different people. Other items were not as useful. For example, I opened one box that had many donated syringes, and in it, I found two boxes of U-40 insulin syringes. I thought they quit making those in the early 1980s! Talk about a medication error just waiting to happen! We got rid of those pronto. We also got a box of several hundred amps of dextrose. By the time our team got there, IV dextrose was not something that we needed in quite that much quantity. We were able to send some of that off to other locations.

We found some aspects of our supply quite frustrating. There was a substantial portion of the patients who had diabetes. When we tried to get blood glucose monitors for each of our patients who needed them, there were plenty of monitors to be found, but only a handful of the matching test strips! It took some begging calls to friends and colleagues to get our supplies matched with our needs. One of our physicians was an endocrinologist, so she and the nurse accompanying her were quite resourceful when it came to calling in the troops to get diabetes supplies.

That brings up one of the two major highlights of the experience for me. Working with such a dedicated group of health care professionals was so very professionally rewarding. Each one of our team members truly did adhere to the best tenets of the team approach. The motto of the group seemed to be, “What can we do to best help our patients, and how and what can each of us do both individually and collectively to make that happen?” No task was too menial for anyone, no chore beneath anyone, no favor that could be done that wasn’t done. It was truly wonderful to work with such dedicated, caring, and competent individuals. This also included other volunteers from across the country who joined us at the Special Needs Shelters. We met people not only from Louisiana, but also from Massachusetts, Pennsylvania, California, Wisconsin, and even Australia (just to name a few).

The biggest highlight of the experience, though, was our patients. They were an amazing group of individuals. They were grateful for even the smallest of things and were a source of inspiration to all of us. Their courage and fortitude in the face of such devastating losses were amazing. There was so little in the way of complaining. Each one of them had a story to tell and were those ever riveting stories! A married couple, both wheelchair bound, were plucked off the roof of Charity Hospital in a helicopter after being carried by their friends up several flights of stairs. I don’t know that I would have shown such psychological, spiritual stamina as I saw in these patients. They gave us such a gift that seems huge in comparison to the little we were able to do for them.

I would encourage anyone to get involved in the Oklahoma Medical Reserve Corps or other groups like it – through your religious affiliation, the Red Cross, the Disaster Medical Assistance Team (DMAT), etc. You have something valuable to offer people during and after disasters. But expect to find your priorities rearranged in both dramatic and subtle ways if you do end up going.

2005 Fall Meeting

Education Offered:

6 contact hours
(0.6 CEUs)
ACPE-accredited

Meeting Attendance:

84 people attended the
Fall Meeting.

Residency Showcase:

5 booths represented
over a dozen different
residencies.

Estimated that 25-30
students attended the
showcase.

Special thanks to the following for their support of the meeting:

Astellas
Sanofi-Aventis

SCENES FROM THE OSHP 2005 FALL MEETING (OCTOBER 14TH, 2005)



OSHP District Update

Western District

Recent Meeting: November 10th, 2005

Update on Atypical Antipsychotics

Speaker: Michelle Ware, M.D.

Location: Pearl's Lakeside, OKC, OK

Upcoming Meeting: January 26th, 2006

Topic: Sepsis

Speaker: TBA

Location: TBA

Upcoming Meeting: February 23rd, 2006

Topic: TBA

Speaker: TBA

Location: TBA

Eastern District

Recent Meeting: November 17th, 2005

Cephalosporins

Location: Flavors Restaurant, Tulsa, OK

Upcoming Meeting: January 19th, 2006

Topic: Albumin Utilization

Speaker: TBA

Location: TeKei's Restaurant, Tulsa, OK

Upcoming Meeting: February, 16th, 2006

Topic: TBA

Speaker: Kimi Vesta, Pharm.D.

Location: TBA



Attention Potential Authors:

If you or a
colleague are
interested in
submitting an
article for
publication in the
OSHP
Newsletter,
please contact
the OSHP
Newsletter
Committee or a
Board Member.

Welcome New Members:

Rachel D. Adams
Matthew Bird
Gwendolyn A. Bisek
Donald Branham
Clinton Bullock
Tonya Chaney
Daniel Czarnocki
Kevin Diller

Holly Dixon
Rebecca Edington
Winter Gibbs
Sarah Goeringer
Ashlee Knapp
Andrew Lewis
Michael Nick
Michelle Omari

David Perry
Andrus Rodriguez
John Setter
Jesse Schmidt
Kacey Vogt
Brian Wesley
Courtney Willcoxon

OKLAHOMA RECEPTION AT ASHP MIDYEAR CLINICAL MEETING (Sunday, December 4th, 2005)

Sponsored by: *The Oklahoma Society of Health-System Pharmacists*
Southwestern Oklahoma State University College of Pharmacy
The University of Oklahoma College of Pharmacy



**Special thanks to Yvette Morrison
 for coordinating this event !!!!**



Chapter News

CONGRATULATIONS TO:

Beth Resman-Targoff, Pharm.D., Clinical Professor, Department of Pharmacy: Clinical and Administrative Sciences, OU College of Pharmacy for her recent election as 2005 Fellow of the American College of Clinical Pharmacy. Beth was recognized with twenty other ACCP members during a special ceremony at the College's 2005 Annual Meeting on October 23rd in San Francisco. Recognition as a Fellow is awarded to ACCP members who have demonstrated a sustained level of excellence in clinical pharmacy practice and/or research. Fellows may be recognized by the initials "FCCP" as part of their title.



OSHP MEMBER PARTICIPATES IN AGENCY FOR HEALTHCARE RESEARCH AND QUALITY (AHRQ) TOWNHALL MEETING

Darin Smith, Pharm.D. was recently invited to participate as a panelist for the AHRQ sponsored town hall meeting entitled "Making Health Care Safer: What You Need to Know". The event was held on Monday, October 31st, 2005 at the OU Health Sciences Center and was co-sponsored by AHRQ and the OU College of Public Health. This event was one of three meetings held nationally to educate consumers about receiving better quality care. Nationally recognized speakers included Carolyn Clancy, M.D., AHRQ Director, Trudy Lieberman, Director of the Center for Consumer Health Choices, Consumer Reports, and Gary Raskob, Dean, College of Public Health, OUHSC.

CONTINUING EXCELLENCE AWARD APPLICATIONS DUE BY FEBRUARY 15, 2006

OSHP members are encouraged to apply for the Society's Continuing Excellence Award. This award consists of a plaque acknowledging the recipient's accomplishments and free registration to the OSHP Annual Meeting at which the award is presented. Applications are evaluated based on attainment of a required level of activity in three categories of service. Information and application forms will be sent to all active OSHP members. For more information or to forward your application, contact Michelle Splinter, M.S., Pharm.D. or call (405) 271-6878 X-47266 (W). Information is also available online at www.oshp.net.



OUCOP Student Chapter Report

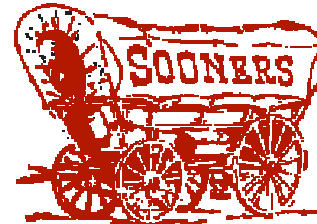
Advisor: Michele Splinter

The OU College of Pharmacy chapter of OSHP had an exciting and event-filled fall semester. We started out the 2005-2006 school year with a very successful membership drive. We recruited over 60 members at the Oklahoma City campus and around 40 members on the Tulsa campus. Our members participated in several service projects this semester, including an Asian Health Fair in Oklahoma City as well as Health and Poison Safety events at both Babies-R-U's and Home Depot locations. In mid-October, we held our annual local Clinical Skills Competition. Beniam Baissa and Erica Daniel proudly represented the University of Oklahoma at the national competition, which was held at the ASHP Midyear Clinical Meeting in Las Vegas in early December.

We were honored to have two keynote speakers visit our chapter this semester. Captain Gary Blair from the CMS/Dallas Regional Office, Division of Medicare operations, spoke on the Medicare Modernization Act, and Emory S. Martin III, PharmD, BCPS, Director of Pharmacy at Scott & White Hospital & Clinics, spoke on residencies, career placement, and the Midyear meeting.

Overall, this semester was quite successful. We look forward to upcoming events and another great semester.

OFFICERS	SPRING 2005-SPRING 2006
President	Lauren Hromas
President-Elect	Jennifer Gass
Vice-President	Sarah Gross
Treasurer	Katherine O'Neill
Secretary	Shandi Marriott
Historian	Michelle Bilger



SWOSU Student Chapter Report

Advisors: Erin Callen, Mark Gales, Virgil Van Dusen, Nancy Williams

The SWOSU College of Pharmacy-ASHP Student Chapter continued to meet bimonthly this past fall, with guests speaking on a variety of topics. The chapter has tried to meet the demand for information on residencies as well as having some diverse topics that are also of interest to the pharmacy students. Some of the guest speakers included pharmacists from the Indian Health Service, current residents, and several clinical faculty, including Dr. Nina Morris who spoke about her experiences serving with FEMA. This semester we really encouraged participation of the students earlier in the College of Pharmacy curriculum regarding the ASHP Clinical Skills Competition. We had Dr. Mark Gales speak at our October meeting and run a mock clinical skills competition. Our hope was that this would increase student comfort, ability, and confidence. Our efforts were rewarded as a record sixteen teams signed up to compete, which was more than double the participation from any other year! Our winners were Nikki Brooks and Karen Waldrip, who proudly represented SWOSU at the national competition, which was held in early December at the ASHP Midyear Clinical Meeting in Las Vegas. We feel these competitions are very important as they encompass the daily activities of the clinical pharmacist. To help lower the costs for other students attending the Midyear Clinical Meeting, we had a successful fundraiser, which involved selling t-shirts and sweatshirts.

A continuing service project of our organization is to volunteer at Trinity Hospice of Weatherford. We simply get together every month and make door decorations for our fellow senior citizens. ASHP student members not only had fun making these easy crafts, but it also brought many smiles to our recipients. Additionally, on Halloween night, members went door to door in full dress appropriate for the evening, asking the community for canned food goods to refill the stock room at our local food pantry.

New officers were recently elected, and we look forward to a busy and exciting spring semester.

OFFICERS	FALL 2005	SPRING 2006
President	Thomas Massey	Jennifer Le
President-Elect	Jennifer Le	Rachel Adams
Secretary	Rachel Adams	Kayly Tran
Treasurer	Deepa Bhakta	Dat Pham
Fundraising Chair	Sarah Maudy	Ashley Row



WATCH FOR UPCOMING ISSUES OF THE OSHP NEWSLETTER

Jan-Mar 2006, Apr-June 2006